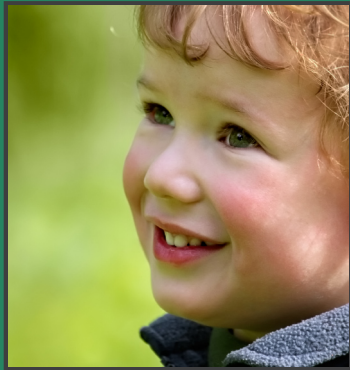


Values:

Our values are the ones identified in Search Institute's research on primary developmental assets for adolescents. The primary values categories listed in their research are:

- Support
- Empowerment
- Boundaries and Expectations
- Constructive Use of Time
- Commitment to Learning
- Positive Values
- Social Competencies
- Positive Identity



About Us

The Foundation of Family Values (FOFV) was created in honor of the late Don Rossi. We are a 501(c)3 tax-exempt non-profit organization. We support family well-being for families of all political, religious, sexual preference, economic, and racial categories. We define family as being any combination of parent(s), grandparents, other relatives, and children. The FOFV has no religious affiliation.

The Foundation of Family Values seeks to enhance the core values of modern families through creating innovative programs in combination with providing resources that facilitate the intellectual development of parenting ethics and responsibilities in the best interest of children.

FOFV accomplishes its mission through a variety of educational, therapeutic, and recreational programs and services designed to provide a menu of positive options for families who wish to participate in a holistic approach to family well-being.

Foundation of Family Values

*Educating Families:
Body, Mind, Emotions & Spirit*



**Supporting
Families of
All Political,
Religious,
Sexual
Preference,
Economic,
and Racial
Categories**



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A 501(c)3 tax-exempt non-profit organization

We gratefully acknowledge our sponsors:



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Mike Tunink, Tunink Law Firm 831-477-2001

Parent Education

Dynamic Classes, Counseling, and Bodywork Services for Parents Experiencing Transition & Challenge

Parenting Education services are the cornerstone of Foundation of Family Values (FOFV). The main way for us to achieve our Mission of enhancing the core values of modern families is through the efforts of parents. Today, more than ever, parents can utilize new skills and support services to cope with ever changing family environments. By building a foundation of values-in-action, parents can begin to form new legacies of healthy, happy families that will persist through generations. Our classes and counseling services are designed to help parents build strong families.

Who are these services for?

Services are primarily designed for parents experiencing loss, and other family crises and transitions, including divorce and child custody issues. However, any parent or guardian can benefit from our Parenting Education services.

How are our services different?

Our Parent Education services focus on the health of the whole person. That means that we tend to the Body, Mind, Emotions, and Spirit of each person in order to encourage true balance and lasting change.

Parenting Classes

The primary way we deliver our Parenting Education services is via group classes. They are for one or both parents wanting to enhance the quality of their family's lives.

Classes offered by FOFV, may include:

- Divorce and Effective Co-Parenting
- Parenting Children with Behavioral Issues
- Family Issues and Special Needs Children
- Pre-Language Communication
- Touching your Infant and Child: Massage and Body Communication
- Setting and Modeling Boundaries
- Identifying and Aligning with Values
- Encouraging a Co-Dependent Free Family Dynamic
- Proactive Parenting: Stacking the Deck Against Drugs, Violence, and Depression
- Proper Nutrition for Children
- Managing Anger – Yours and Theirs
- Talking to Children about Sex – When and How



Other Foundation Family Services

The Kolty Chess Club

The Kolty Chess Club is for people of all ages and skill levels who desire instruction, social play, or tournament level competitions. We meet most every Thursday at the Campbell Community Center for lectures, lessons, tournaments, open play, and special events. Tournaments are USCF rated

and players range from beginner to expert. The club has ample chess sets, boards, and clocks which are available for anyone to use. You can find The Kolty Chess Club schedule, fees, and history on our web site.

Therapeutic Massage

Therapeutic Massage enhances physical and mental health. Long overlooked, it is now an essential part of most holistic health practices. In addition to reducing physical, mental, and emotional stress and supporting health on all levels, it may also deepen connection to self and simply feel wonderful! Foundation recommended massage therapists can be found on our web site.

Music Lessons @ Recitals

Music is a powerful vibration and force that can be an intricate part of our well being. This is especially true for children. Playing music can help integrate physical coordination, connect our mental resources, inspire passion, and help us become in harmony with spirit. At Foundation of Family Values, we support musical expression by offering piano, voice lessons, and recitals at a discount. Please see our web site for more information.