

# Conscious Parenting Classes

Learn skills that help you support every member of your family. Increase your ability to:

- Effectively Communicate
- Resolve Conflict
- Instill and Model Positive Values
- Choose your Parenting Style
- Discipline from the Heart
- Create Parenting Success Strategies

**REGISTER NOW: classes begin 5/24/07!**  
Recognized by Family Court Services.  
Register and pay online at [www.fofv.org](http://www.fofv.org).

Supporting Families of All Political, Religious, Sexual Preference, Economic, and Racial Categories. Educating Families: Body, Mind, Emotions & Spirit.



**Foundation of  
Family Values**

FOFV is a 501(c)3 non-profit corporation.