

Conscious Parenting Classes

Learn skills that help you support every member of your family. Increase your ability to:

- Effectively Communicate
- Resolve Conflict
- Instill and Model Positive Values
- Choose your Parenting Style
- Discipline from the Heart
- Create Parenting Success Strategies

REGISTER NOW for September classes!
Recognized by Family Court Services.
Register and pay online at www.fofv.org.

Supporting Families of All Political, Religious, Sexual Preference, Economic, and Racial Categories. Educating Families: Body, Mind, Emotions & Spirit.



**Foundation of
Family Values**

FOFV is a 501(c)3 non-profit corporation.